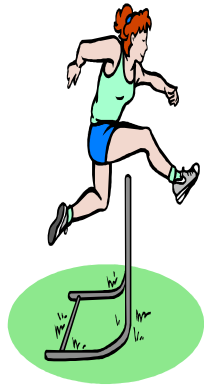
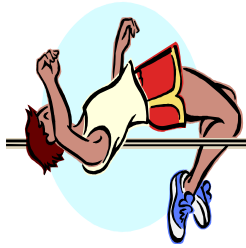


Craughwell A.C.  
fit4fun  
Summer Camp  
2019



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High Jump



Fun challenges



Please return completed forms to:

Craughwell Summer Camp

c/o Marion McEvelly

Killeeneen

Craughwell

Co. Galway

When: July 15th-19th

Aug 12th-16th

Where:

Craughwell N.S. Grounds.

Astro Turf facility and

New track.

Indoors available if

weather wet.

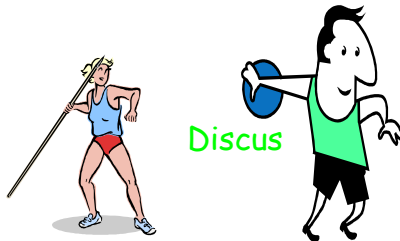
Time:

9.30am-2.30pm



SPRINTING

TEAM GAMES



Discus

Turbo Javelin/Javelin



**And  
Much  
Much  
More**

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Novelty Races

Obstacle Courses

Craughwell A.C. FIT4FUN multi sport summer camp is here again!!!!!!  
 Led by Coaches and athletes from the club.  
 Open to children from all areas  
 Aimed at children from sixth class down to children in Junior infants  
 Places restricted and filled on a first come first served basis  
 Lots of different activities to try out  
 Advanced coaching for athletic events and those wishing to improve techniques  
 Suitable for all levels of fitness  
 Introduces new sports/events to children  
 Come along and join the fun!!!!!!

What do you need to bring:  
 Healthy Packed lunch



Lots of Water

Please put your name on your belongings



What do you need to wear:

Tracksuit

Runners

Shorts/T shirt

Bring your Sunhat!!!!!!

Bring your Raincoat!!!!!!(never know in Ireland)

Please apply sun cream before arrival

## Registration Details

| Name: | D.O..B. | Camp Date(a) | Club(b) |
|-------|---------|--------------|---------|
| ..... | .....   | .....        | .....   |
| ..... | .....   | .....        | .....   |
| ..... | .....   | .....        | .....   |
| ..... | .....   | .....        | .....   |

a) please indicate preferred week

b) Discount available if member of athletic club

**Cost:** €70 per week if NOT a member of a club €60 per week for members of an athletic club

MAXIMUM FOR FAMILY (three or more) non members €180 - members €150 per week.

If not a member of a club please include a copy of birth cert in order to be registered with Athletics Ireland/Craughwell A.C.

Medical Conditions: If any child has a medical condition we should be aware of please indicate child and condition. You can also speak to the coordinator in confidence if you wish.

.....  
 .....

### PARENT/GUARDIAN CONTACT INFO

### SECONDARY CONTACT INFO

Name: .....

Name: .....

Address: .....

Mobile No: .....

Mobile No: .....

Email: .....

### CONFIRMATION:

I have read and agree to the following:

I enclose a non refundable deposit of €20 per child

I agree that I and the above participants will be bound by the Irish Sports Council's Code of Ethics and Good Practice for Children's sport. ([www.irishsportsCouncil.ie/Participation/Code\\_of\\_Ethics](http://www.irishsportsCouncil.ie/Participation/Code_of_Ethics))

All athletes MUST be dropped and collected from Astro turf gates No one will be allowed to leave without a parent/named guardian.

No child will be allowed to go to park without a parent/guardian

PARENT/GUARDIAN SIGNATURE:..... DATE:.....